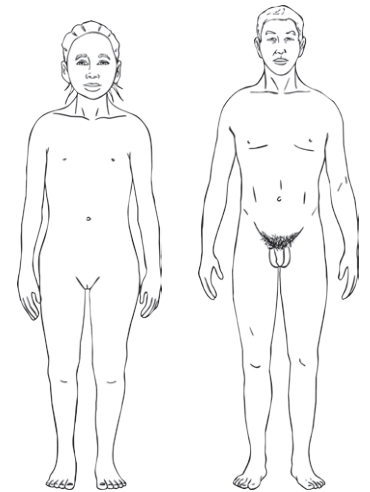


Changing Bodies

I can describe the changes peoples' bodies go through during puberty and explain how we can look after our bodies during this time.

Produce a fact sheet on how to look after your changing body, during puberty.



This resource is fully in line with the Learning Outcomes and Core Themes outlined in the PSHE Association [Programme of Study](#).